
Embodying Power and Love



"Power without love is reckless and abusive, and love without power is sentimental and anemic."

— Martin Luther King, Jr.

Embodying Power and Love: Two Essentials for Effective Leadership

with Adam Kahane & Wendy Palmer

Join with social change facilitator Adam Kahane and Conscious Embodiment teacher Wendy Palmer to build your capacity to work with the two fundamental drivers of social change and leadership: power and love.

This workshop will bring together theory and practice, concepts and stories, dialogue and experimentation. Adam will contribute the approaches he has developed over his twenty years as a leader of innovative multi-stakeholder processes to address complex social challenges. He will coach participants in reflecting on their own experiences of trying to effect social change — in communities, organisations, and societal settings — and in crafting new ways forward.

Wendy will lead the group through experiential exercises to examine and practice these new ways of working. Participants will have an opportunity to experience the energy patterns of reckless power and anemic love. Then in contrast they will have an opportunity to experience power that is effective and magnetic — empowerment — and love that is enhanced and supported by the wisdom of the collective — inclusiveness.

Together this exploration will build the participants' capacity to combine power and love to work more effectively in and with social systems of all scales.

In preparation for this workshop, participants are encouraged to read Adam Kahane's *Power and Love: A Theory and Practice of Social Change* (San Francisco: Berrett-Koehler, 2010) and Wendy Palmer's *The Intuitive Body: Discovering the Wisdom of Conscious Embodiment and Aikido* (Berkeley: Blue Snake Books, 2008)



Dates: August 19-20

Venue: TBA (in JHB)

Price: 5600 ZAR

REOS PARTNERS is an international organisation dedicated to supporting and building capacity for innovative collective action in complex social systems. We organise, design and facilitate results-oriented multi-stakeholder change processes with business, government and civil society organisations. Our name comes from the Greek "rheos," which means flow or stream.

For more information email

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This event is a part of the C3 community: Collaborative Change Conversations

